



GRAB & GO

MENU

Monday - Thursday 8:00am - 6:00pm

Friday - Sunday Closed

*\$5.25 SNACK EQUIVALENCY AVAILABLE

BREAKFAST

FRUIT CUP	\$4.35
GREEK YOGURT PARFAIT	\$3.85
PLAIN BAGEL WITH BUTTER	\$1.95
PLAIN BAGEL WITH CREAM CHEESE	\$2.25
EGG AND CHEESE	\$4.95
SAUSAGE, EGG, AND CHEESE	\$5.95
BACON, EGG, AND CHEESE	\$5.95
BLUEBERRY MUFFIN	\$2.60
CHOCOLATE CHIP MUFFIN	\$2.60
CORN MUFFIN	\$2.60

LUNCH

CHICKEN CAESAR WRAP	\$8.85
TURKEY & SWISS ON CIABATTA	\$6.35
CHICKEN CAESAR SALAD	\$8.45
BUFFALO CHICKEN SALAD	\$8.45
CHICKEN SALAD SANDWICH	\$8.85
EGG SALAD	\$7.75
TUNA SALAD SANDWICH	\$8.85
GARDEN SALAD	\$6.40
GRILLED CHICKEN COBB SALAD	\$8.45
PEANUT BUTTER & JELLY ON WHITE	\$5.25
CHICKEN & HUMMUS ON CIABATTA	\$8.45
SOUP OF THE DAY	\$6.35
WDH TRUE BALANCE MEAL	\$9.90
WDH VEGAN/VEGETARIAN MEAL	\$9.90

*WDH MEALS ARE ON ROTATION AND CHANGE TWICE WEEKLY

PIZZA BY THE SLICE

Made by Nonna's Kitchen

CHEESE	\$2.85
PEPPERONI	\$3.45

SANDWICHES & OTHERS

*All sandwiches come with waffle fries**

CLASSIC BURGER	\$7.55
CLASSIC CHEESEBURGER	\$8.60
BLACK BEAN BURGER	\$9.05
CRISPY CHICKEN PATTY	\$7.85
GRILLED CHICKEN SANDWICH	\$8.15
CHICKEN TENDERS & FRIES	\$6.80
WAFFLE FRIES	\$3.95
MOZZARELLA STICKS	\$6.55
PIZZA ROLLS	\$7.00